

lowland Filipino's personal cleanliness. In speech, however, he may not be so clean, and remarks are made and jokes bandied which are realistically frank. But to my mind the most commendable of all Filipino traits is his attachment to his home.

Perhaps my Filipino friends will not recognize themselves from my description of them. If they do not I may never know. They will continue to receive me in their homes and never by word or deed will let me know that I have offended. For that is the Filipino, ever a gentleman, gracious, kindly, and hospitable.

JUAN DE LA CRUZ

One method employed by the Spaniards to subjugate and Christianize the Filipinos was to give them names. A region like Arevalo in the Province of Iloilo might find all of its inhabitants with names beginning with "A" and another locality with names beginning with "B." But the favorite name of all was "Juan de la Cruz," literally in English "John of the Cross." Juan de la Cruz is a national character who typifies the Filipinos just as Uncle Sam does the Americans and John Bull the Britishers. Juan de la Cruz is usually pictured or cartooned garbed in *barong tagalog*^ wearing a broad-brimmed coolie hat, a shirt of native material and nondescript color, with the tail left hanging outside of knee-length red pants, and with his feet in *chinelas* (heelless slippers).

Juan, a typical Filipino of the common people, is small in stature, for to be over five feet four inches in height is the

exception. His figure is lithe and well muscled.
His skin is
a rich brown. His hair is black, straight, and
luxuriant. His
eyes are dark and luminous. His nose is short
and flat. He
bathes frequently and is scrupulously clean. He
dresses
modestly, but on occasion yields to a fondness
for fine
raiment. He is temperate in most of his habits,
and where he